From the Principal’s Desk.

Water Awareness Lessons
Thank you to Mrs Allen and our many helpers for your dedication, enthusiasm and resilience (the water has been a little cool) whilst helping our children in the pool on Tuesdays. It has been great to see the improvement in children’s confidence from last week to this week. Don’t forget that Tuesday 15th November is our school Swimming Carnival.

Safety at School
We are very mindful of the creepy crawly season at school and have reminded children to go to the toilet at break times so that they are not walking through the grounds during learning times. Children are required to go with a buddy if they really need to go at times other than breaks. Please help us with this and talk to your child/ren so they can see the importance of not leaving the classroom during learning times.

We have also had a lock down during play time this week so that we are prepared to keep our children safe at all times of the day. It is really important that children know the procedure for lock downs and fire drills so that they just act during these drills and not ask questions during the drill. Questions can be answered after the drill but during drills we need to be just focussed on keeping everyone safe.

Classes for 2017
We will have 6 teaching classes next year! We are very excited to be getting an additional teacher. The classes will be a straight Prep, Year One, Year Two. Multi-age classes for Year 3/4, Year 4/5 and Year 5/6. Class lists will come out with Booklists in the next couple of weeks.

19th October 2016

Resilience PD
What an absolutely inspiring day for all our staff on Monday. We were lucky enough to attend a Professional Development day with Greg Mitchell on Resilience. He provided us with a variety of hands on practical strategies to use with students. He also shared some tips and tools that we will share with parents and community members.

Our Well Being Mini-Cop (Community of Practise) is organising PD for all staff, parents and community members for early next year so that we can all learn together on this journey of teaching our children how to be resilient in our ever increasingly busy world. I have included an article on Resilience from the Parenting Ideas – Building parent-school partnerships website for your information.

Kindy Transition Days
We have had some fun with Kindy Kids in the last couple of weeks and look forward to some more visits in the coming weeks. Nice to see their happy faces in our school.

Day For Daniel
This is always a good day to celebrate and revise the importance of stranger danger with students. Discuss with your children the Importance of knowing the difference between good and bad strangers, make a list of good strangers and work out a safety plan with your child/ren.

It is also a day to wear RED!

As you may have heard, the ‘Grab N’ Go’ Music Video has been launched and is now being promoted through Social Media. Thank you so much for supporting this Production and please, please share the YouTube link below in Newsletters, Email databases, Facebook sites or even play it on your assembly if you wish.

I am so proud of all the students involved for their enthusiasm and performances.

https://youtu.be/RECSMZcwtMs

Regards,

Josh
Next Meeting - Our next meeting will be held on Tuesday 22nd November at the Red Steer at 6.00pm. There will be a meeting first followed by a “Buy Your Own Dinner” afterwards. This will be our End Of Year Break Up. Everyone is welcome.

Thangool Movie Night - Thank you to all the families who braved the rain and the cold to come along and watch the movie “Mr Peabody and Sherman”. It was a great night despite the weather.

Catering Opportunity - We have been offered the opportunity to cater for the CS Energy Social Club Christmas Break Up on Saturday 3rd December at the Showgrounds. This is a fantastic opportunity for our P&C but we will need parent volunteers to be able to make this happen. Please let Kim or Cathy know if you would be able to help.

Tuckshop - Fruit Salad Shakers are available for $3.00 each. Meat and Salad Shakers are $4.00 each and Salad Shakers are $3.00. New this term: Mini Fruit Cups for $1.00. We now have gluten free bread and gluten free wraps for children who are gluten intolerant. GLUTEN FREE CHICKEN NUGGETS ARE NOW IN STOCK! We also keep Gluten Free Wraps.

Workers - 21st October  Donna; Karen; Amanda W
Bakers - 21st October  Waverney; Kelli

Workers - 28th October  Margaret; Leisa; Darren
Bakers - 28th October  Kelly; Peta

School Banking - School Banking takes place on a Tuesday. If you wish to join in with School Banking at our school, please pop into the Commonwealth Bank in Biloela and mention School Banking at Thangool School. We will be having a school banking competition again this term and the prize will be a Dollarmite Prize pack.

Uniforms - NEW Skorts and Shorts have arrived! Black School Jumpers with the logo on them are now in stock. These jumpers are $18.00 each. We also have good supplies of all polo shirts. Uniform Orders will be filled on a Thursday. We are now specialising out the Black Unisex Basketball Shorts for $5.00, orders must be via the red bag.

COMPETITION TIME!

This term we are holding a competition for all students that bank regularly with our School Banking Program.

All students that bank at least 5 times via School Banking between Week 2 – Week 9 this term will go into the draw to win a fantastic School Banking Prize Pack.

The winner will be announced on parade at the end of term.

For more information please contact Leisa: 0438 925 890 or Kelli: 0428 922 001.
**Reading Buddies**

Our Reading Buddies program continues this term. Thank you to the wonderful parents, grandparents and community members who are giving up their time to help our students develop not only their reading skills but the love of reading.

We are also calling for volunteers to boost our program and allow more children to take part. Our Reading Buddies listen to students read as well as read to the children. It is a relaxed enjoyable time.

If you or you know someone who can spare as little as ½ hour a week to make a difference, please call the school (4990 0333) or see Mrs Ball.

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**Technology and Health Term 4**

In technology this term, the students are using Scratch Jnr on the iPads, or Scratch on the computers to create a story which will teach younger students how to be safe online.

We are learning the 5 P’s. The following is an extract from the website.

**5Ps for a positive digital footprint**

The program has 5 key messages that cover what is and isn’t okay when working online:

1. Profiles—use a nickname and profile picture that doesn’t show your face
2. Positive—make sure online information about you is as positive as possible
3. Permission—make sure you have a grown-up’s permission to use a new site or app
4. Privacy—keep your passwords and personal details secure
5. Protect—keep evidence and don’t bully back, tell someone.


Cyber safety is important to teach from a young age and the main focus at a primary level is encouraging students to ask permission from grown ups before going online and asking again before changing their game or website!

We are also looking at some information from Education Queensland (isecurity.eq.edu.au)

More information for parents can be found at https://www.esafety.gov.au/

Games and activities aimed at students can be found at https://www.esafety.gov.au/education-resources/classroom-resources

As these resources cover a wide range of age groups I recommend you take a look at the page before allowing your child to access the games.

I encourage you to discuss cyber safety with your students at home.
RESILIENCE

Resilience is a 21st Century parenting concept that every parent needs to understand.

Some kids are resilient by nature – their temperament helps them to be mentally and psychologically tough. You know those kids. They get straight back up after a setback or disappointment. Rejection in the playground doesn’t faze them. Unfortunately, not every child has such natural resilience.

The good news is that most of the research shows that resilience can be nurtured and developed, particularly when parents themselves are resilient and they actively foster it in their kids.

Resilient kids share four basic skill sets- independence, problem-solving, optimism and social connection.

Building Resilience

From a resilience perspective parents need to coach kids through some of their more challenging moments and reviewing what they may have learned for next time. Avoid solving all their problems for them.

You can promote a lasting sense of resilience in your kids by:

- **Having a positive attitude yourself.** Your attitude as a parent impacts on their ability to bounce back from some of the difficulties they face. Make sure you model a ‘you can do it’ attitude for your child when he meets some of life’s curve balls.

- **Look for teachable moments.** Many kids’ learning opportunities are disguised as problems. Make the most of these opportunities so that kids can grow and learn from some of the challenges they face.

- **Make kids active participants in the family.** Active participation in a family develops the self-help, problem-solving and independence skills of kids that are necessary for resilience.

**Build kids coping skills.** There are plenty of strategies you can pass on to kids to help them cope when life doesn’t go their way, including acceptance, getting away for a while, and normalisation.

Promoting resilience in kids is a not a single event but a continuous process that requires adults to be supportive and empathetic when things don’t go their way. It also requires you as a parent to have an understanding of resilience, so you have faith in yourself, and your child’s ability to cope.

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Mon 17th Oct</td>
<td>Student Free Day</td>
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<tr>
<td>Mon 24th Oct</td>
<td>World Teacher’s Day</td>
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<tr>
<td>Friday 28th Oct</td>
<td>Day For Daniel (Wear Red)</td>
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<td>7-11th Nov</td>
<td>Year 5/6 North Keppel Island Camp</td>
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<tr>
<td>Fri 11th Nov</td>
<td>Remembrance Day (Year ¾ hosting)</td>
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<td>Tues 15th Nov</td>
<td>Swimming Carnival</td>
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<td>Wed 23rd Nov</td>
<td>Powers Swimming Carnival</td>
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<td>Wed 30th Nov</td>
<td>Bursary Night</td>
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<td>Mon 5th Dec</td>
<td>Student Leader Speeches</td>
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<td>Wed 7th Dec</td>
<td>School Disco</td>
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<td>Fri 9th Dec</td>
<td>Assembly 1:30pm</td>
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Project Club News

Crazy Hair Day
Thursday 20th October
Gold Coin Donation

Icy Cups - 50 cents
Monday and Wednesday
First Break only.

Meal Deal - 26th October 2016

MEAL DEAL!
$5.00
WEDNESDAY 26th October 2016

Name:__________________________

Class:__________________________

Hot Dog
Popper Tropical / Apple
OR
Breaka Chocolate / S/berry
Popcorn

Thank you for supporting the Project Club.
Please have orders and money in by Friday 21st October 2016

Youth Rampage Biloela 2016
7:00pm Friday 21st October
Bilo Show Grounds

Free Entry
Drug & Alcohol Free
Burgers & Drinks for Sale

Featuring FMX Team
JC Epidemic

Presented by: Biloela District Baptist Church
Proudly Supported by:
Queensland Government
Banana Shire
The Regional Arts Development Fund (RADF) is a partnership between the Queensland Government and Banana Shire Council to support the arts and culture in regional Queensland.

'A Little Party'
Gatsby Inspired Dance Concert & Fundraiser

November 12th 5:30pm
Tickets from 'Manda Jane Fashions' or available on the night

Presented by Karla's Dance Collective
Notice to all Schools in the Gladstone Region

All schools are cordially invited to participate in this year’s Remembrance Day Service for 2016.

A service to remember all Australian Service men and women, who paid the supreme sacrifice during war or subsequently from the effects of war, will be held at Anzac Park on Friday 11th November commencing about 10.30am.

This service will commemorate the 98th anniversary of the signing of the Armistice in 1918 on the 11th hour of the 11th day of the 11th month that ended what we now call the First World War or known then as the Great War of 1914-18. It was predicted to be the war that ended all wars. Over 102,000 Australian servicemen and women have lost their lives in all wars.

All students are welcome to attend and lay a wreath. Wreaths are available from the RSL drop-in-centre for $25.00 and participants are encouraged to contact me so that your school can be mentioned during the wreath laying ceremony.

Hoping to see you there.

Yours faithfully

Peter Young
Secretary
RSL Gladstone Sub Branch – 0408.753420

6A Ferren Street, PO Box 26, Gladstone 4680, Ph 07 49728072, E-mail: gladstone@rugby.com