Well done to our Year 3 and Year 5 students for their awesome effort during all three days of NAPLAN testing last week. It was great to see our students trying their hardest to get their best results. Well done!

Congratulations and Thank You to Mrs Barron for the fabulous show display last weekend. Thank you too to Mrs White who helped with the set-up of the display. Your hard work in setting up and packing up all of our events does not go unnoticed.

Congratulations to Mrs Tansey and Mrs Brewer for a fantastic Under 8’s Day last Monday. It was great to see so many people here and lots of smiling, happy faces. It takes a great deal of effort to produce such a successful event and I commend all the members of our extraordinary team for their diligence, dedication and professionalism in ensuring the success of this day.

Good luck to our singing choirs as they compete today at the Eisteddfod and to our Verse Speaking choirs when they compete next week. I am very excited to be able to accompany our choirs today and look forward to seeing their performances. Both the singing choirs and the verse speaking choirs will also be performing a repeat eisteddfod performance in the Biloela Shopping Centre on Wednesday 1st June at 3:30pm. I hope that you will be able to come along and support them during that time.

From the Principal’s Desk.

Orders need to be returned by Friday 20th May 2016. Please remember to ask Grandparents and other special visitors that may be attending Sport’s Day if they would like to purchase lunch.

We acknowledge the Gangulu people past and present on whose land we walk, we work and we live.
**P&C NEWS**

**Line Marking** - We will be marking the running tracks for Sport’s Day on Saturday 21st May 2016 at 2.30pm at the school. If anyone is available to come and help for about 2 hours it would be appreciated.

**Tuckshop** - Fruit Salad Shakers are available for $3.00 each. Meat and Salad Shakers are $4.00 each and Salad Shakers are $3.00. These shakers are served in a cup similar to a frozen drink cup. The new roster has been drawn up for Term 2. Thank you to all our wonderful volunteers.

Workers 20th May - Karen, Leisa and Zoe
Bakers 20th May - Cathy and Kelly

Workers 27th May - Tanya, Deb and Darren
Workers 27th May - Waverney and Kelli

**P&C Meeting** - Our next P&C meeting will be held on Monday 13th June at 3.15pm in the library. Everyone is welcome. We will be discussing upcoming catering events especially the fly in. We will need workers and bakers for this event.

**School Banking** - School Banking takes place on a Tuesday. If you wish to join in with School Banking at our school, please pop into the Commonwealth Bank in Biloela and mention School Banking at Thangool School. Please see the flyer below for our school banking competition this term

**Uniforms** - I have received new stock of the black pullover jumpers, so there is a good supply of all sizes. These jumpers are $18.00 each. We also have good supplies of all polo shirts. Uniform Orders will be filled on a Thursday.

---

**COMPETITION TIME!**

This term we are holding a competition for all students that bank regularly with our School Banking Program.

All students that bank at least 5 times via School Banking between Week 2 – Week 9 this term will go into the draw to win a fantastic School Banking Prize Pack.

The winner will be announced on parade at the end of term.

For more information please contact Kelli on 4992 5449.
Frequently Asked Questions

FAMILIES

Q. What is PEACH™ Online?

PEACH™ Online is a FREE online program designed to give families the information, tools and support they need to make healthy lifestyle choices in the challenging environment in which we live.

It is the online format of the PEACH™ (Parenting, Eating and Activity for Child Health) program, an evidence-based, internationally recognized healthy lifestyle program. PEACH™ was launched in Queensland in September 2013. It is funded by the Queensland Government and delivered by Queensland University of Technology.

Q. Who can access PEACH™ Online?

Queensland families with a primary school-aged child can register and access the program. Registration is easy, through the PEACH™ website or free call 1800 263 519. The online program can be accessed on desktop computer, laptop and tablet devices.

Q. How long is it available?

Registration for PEACH™ Online is open until 31 August 2016. This will allow families the time to work through the program to complete it by 30 December 2016.

Q. What does PEACH™ Online involve?

PEACH™ Online has 10 interactive sessions, each with an introductory video, easy-to-navigate information, activities and tools. There are also links to recipes and resources, such as menus planners, tips for modifying meals to make them healthier and tips for healthy eating on a budget.

Once registered, families can complete these sessions at their own pace, in their own time, and revisit sessions as many times as they like. Families will also be sent a quality colour handbook.

Q. What topics are covered?

PEACH™ Online sessions cover common family issues, such as:

- making sense of food labels
- portion sizes
- dealing with fussy eaters
- lunchbox ideas
- healthy takeaway choices
- finding time to be more active as a family
- reducing screen time

Q. What if I have a question about the information provided?

Each week there is a dedicated ‘Live Chat’ forum in which you can interact and ask questions of our trained PEACH™ Online facilitator.

Families can also log in at any time and interact with other families who are online at the same time through the Group Forum. If you would like to ask a private question of our facilitator, there is an ‘Ask Question’ link on each session.

Q. Can my children be involved?

Yes, we encourage parents and carers to share the program’s information with their children and involve them in goal setting and child-friendly activities, such as the ‘Food Balance Game’.

Parents can download and print the PEACH™ Child Workbook, which has cooking, diet and other activities and the parents’ PEACH™ Child Activity Resource, with suggestions for games and play activities.

Links are also provided to resources which encourage child activity and interest in healthy foods, such as Nature Play Queensland and Kids in the Kitchen.

Registrations are now open

Free call 1800 263 519 or visit www.peachqld.com.au

Healthy Families

Want to get your kids active and eating well?

The FREE PEACH™ Online program can help.

What is PEACH™ Online?

PEACH™ Online is a free, family-focused online program that offers parents/carers the information and support they need to make healthier lifestyle choices.

What topics are covered?

- Healthy eating options
- Label reading
- Dealing with fussy eaters
- Reducing screen time
- Planning ahead
- Being more active as a family

What’s involved?

- An easy, over-the-phone or online enrolment process.
- Access to the online program at anytime over 6 months.
- 10 interactive sessions that can be completed at own pace.
- High-quality colour hand-book provided as a resource.
- Weekly ‘live chat’ sessions with an PEACH™ facilitator.
- An online parent forum.

Who can sign up?

Families with primary school-aged children are eligible to enrol.

REGISTER NOW.

Free call 1800 263 519 or visit www.peachqld.com.au
Under 8’s Day was held on Monday 16th May 2016. Special thanks to Mrs Brewer and Mrs Tansey for organising this wonderful event. The children could play with playdough, ride on Blazer the Fire Truck, have their faces painted, blow bubbles, paint and collage just to name a few of the activities. Thank you to the amazing students from Biloela High School and came along to face paint and assist with the activities. Thank you to Thangool Fire Brigade, Thangool Playgroup, Biloela Kindergartens for coming along to make the day even more special.

Once our guests had gone home, the children enjoyed playing some games during the middle session. In the afternoon, the children from Years 4 - 6 entertained the younger children with some games and activities that they created. Well Done to all the students in Years 4 - 6, you did an awesome job!
Give a FREE copy of Ultimate Maths Invaders to every child in your school

Simply photocopy the attached personalised info sheet and distribute one to each child.

Downloading is quick and easy!
Prep Learning

The Prep’s have been learning about letter sounds and blends. Here they are having lots of fun with shaving cream. Can you guess what digraph they are learning about?